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BOOK REVIEWS

IN CHARGE OF

M. E. CAMERON, R.N.

MEDICAL ELECTRICITY AND LIGHT. An Elementary Text-book for Nurses. By Ettie Sayer, M.B., B.S. (London). Price, Two Shillings and Six-pence. The Scientific Press, 28-29 Southampton Street, Strand, London.

The application of electro-therapeutics is a subject in which many nurses find themselves deficient; and although it is not a subject to be learned without practical demonstration, the present volume will be found helpful to those who are seeking to enlarge their knowledge in this branch of nursing. The book contains ten plates and thirty diagrams. The text is much abridged and is intended for beginners.

THE NURSING OF NERVOUS PATIENTS. By Edwin Ash, M.D., formerly Physician (Out-Patients) to the Italian Hospital, London. Author of "Nerves" and the "Nervous and Mental Self-Help." Price, Two Shillings and Six-pence. The Scientific Press, 28-29 Southampton Street, Strand, London.

The nervous patient of earlier days was, it went without saying, found in America, and when other cures failed, was sent to England, where a cure speedily made itself complete.

A glance at Dr. Ash's book reveals the fact that nervous disorders are as many and complicated in England today, as they are with us. In England, as with us, the sufferer from neurasthenia is now recognized as a case calling for the utmost skill and intelligence in its care and nursing, and if perhaps Dr. Ash has nothing particularly new to tell us of the nursing of nervous patients, he has treated the subject with great thoroughness—drawing on various of our American authors for outlines of rest cure, and for the application of psychic suggestion.

Like other specialists who have written on this subject, Dr. Ash makes an especial plea for nurses to occupy this branch of the profession. He claims that, with study and understanding, the nurse will find the neurasthenic nursing quite as interesting as operative surgical nursing, or acute medical nursing.